

# Carbon Monoxide or CO

**CARBON MONOXIDE or CO** is an odourless and colourless toxic gas which, if breathed in, can lead to serious consequences including death. The first symptoms of poisoning are headaches, nausea, vomiting, fatigue and confusion.

#### WHERE CAN CO BE FOUND?

CO is found in the combustion fumes produced by braziers, stoves, cookers, heaters, boilers, open fireplaces and in the exhaust fumes from vehicles. CO is produced from these sources when there is not enough air to ensure adequate combustion and is dangerous if it is concentrated in closed spaces such as rooms in a house, garage or basement.

### PROHIBITED

Never use braziers, charcoal grills, barbecues, water heaters or gas cookers indoors without a hood connected to the outside.

Never use a brazier or gas cooker to heat the house.

Never leave a vehicle running in a fully or partially enclosed space such as a garage.

## RECOMMENDED

Check the boiler, stove and water heater at least once a year and clean the flues of the fireplaces. Overhaul and maintenance must be carried out by qualified personnel.

In case of suspected CO poisoning or if you have headaches, nausea, vomiting or you feel tired and confused, call 118 immediately.

#### Sistema Socio Sanitario



**ATS Brescia** 

